

# *In Her Stride. First Flight.*

*"I think it is important to speak up.  
That is what I've learned in my life.  
I had to speak up."*

Zarina, Survivor of Domestic Violence



Zarina suffered in silence. She didn't think her voice mattered.

It took a lot of courage for her to finally speak up and seek help for herself and her children. When she did, the SCWO Star Shelter provided her with the safety and security she needed to protect herself and her children.

She found comfort in the baking therapy workshops provided and soon started her own small business, selling chocolate tarts and other sweet bakes.

**Zarina found her wings. She has taken flight and soars through unbelievable heights.**



## **Help Survivors Like Zarina Take Their First Flight**

When a butterfly emerges from its chrysalis, the first flight it takes is a step away from the darkness of its cocoon, and forward to independence, adventure and new life.

**This year, we celebrate empowerment, strength and opportunities through the stories of Survivors who have overcome the odds and are striving to achieve their goals and dreams.**

Give them wings to fly

## **Make A Donation**

Your contributions will help survivors upgrade their skillsets, find their confidence, dream bigger and gain independence for a brighter future.

**Click Here**

*Any Amount Is Appreciated!*